<b>ST. PATRICK'S CATHOLIC CHURCH</b> 215 Pine St., Box 430, Stayner, ON LOM 1S0	<b>ST. NOEL CHABANEL CATHOLIC CHURCH</b> 133 Dunkerron Ave, Wasaga Beach	
(St. Patrick's is our mailing and office address)	(St. Noel Chabanel is our Mission Church)	
OFFICE Schedule: Mon, Wed & Fri 9AM - 1PM Office: 705-428-2124 Fax: 705-428-3091	KNIGHTS OF COLUMBUS: All Catholic men are invited. Council #15162 St. André Bessette GRAND KNIGHT, Don McDonald 705-429-6956	
<b>Pastor: Rev. Mounir EL-Rassi</b> Pastor's emergency line: 705-315-2424 Deacon: Rev. Mr. David Whall Office Assistant: Mary Ann Carruthers	The General Meeting is the 2nd Thursday of each month at 7PM at St. Noel Chabanel Hall. CATHOLIC WOMEN'S LEAGUE: All women are invited.	
Email: stpatrickstnoel@gmail.com Websites: stpatrickst.archtoronto.org & stnoelchabanelst.archtoronto.org	President: Brenda Weel 705-828-3660 St. Noel Chabanel Hall St. Vincent De Paul: By appointment Mon. & Thur. 705-428-3396 St. Vincent De Paul Council: last Wed. of the month at 9:30am	
<b>School:</b> St. Noel Chabanel 705-429-1081 425 Ramblewood Dr., Wasaga Beach, ON	VON Smart Exercise Group: Tues. 1:00-2:00pm, Thurs: 10:30-11:30am St. Patrick's Hall Good Food Bags – Every 3rd Wed. of the month Ted: 705-428-5537	
<b>St. Patrick's &amp; St. Noel Chabanel's Hall Bookings:</b> Call the office 705-428-2124 or 705-315-2424	From 9:00am - 1:00pm	
<b>Choir Directors:</b> St. Patrick: 11am, Karen Endicott 416-659-3337 & Karen Bany 705-428-0592 (& Organist) St. Noel Chabanel: Alfred Medakiewicz 647-385-5595	"Divine Mercy, Lectio Divina, Prayer-Group" Every Tuesday! 4:30PM. We pray the Chaplet of Divine Mercy; Reflection on St. Faustina's diary and One passage from Scripture. Our prayer group meeting is now VIRTUAL. All you have to do is send a request email to join, to the office email at: stpatrickstnoel@gmail.com You will receive regular updates on the meeting and its contents. Hope you will sign up. Thanks.	
Our Local St. Patrick's Catholic Cemetery 8342 County Road 91, Stayner. For service / acquiring a plot. Contact Peter 705-734-4089 or Harry 705-429-4744		
<b>DEVOTIONS</b> <b>Pray the Rosary of our Lady at St. Patrick</b> You are invited to join praying the Rosary on the 2nd & 4th Sunday after the 11am Mass.	SACRAMENTAL PREPARATION Baptisms & RCIA Please call and leave a message to the Pastor. Marriage: Please contact us one year in advance.	

#### **1st Friday's Adoration and Exposition**

St. Noel Chabanel - 10am Mass followed by Adoration and Benediction till 6 or 8pm.

St. Patrick - 3pm Exposition of the Blessed Sacrament & Divine Mercy Chaplet; Benediction 5:30pm followed by 6:30pm Mass.

Prayer Requests: Call Regina 705-428-3151 or email: regi.roz@hotmail.com or place request in at church in prayer box.

**Vocations & Archdiocesan Resources:** www.archtoronto.org

#### **Reconciliation: (Confession)**

St. Patrick - every Friday 6pm - 6:20pm St. Noel Chabanel - every Saturday 4:30 - 4:50pm or before any Mass at request. Sacrament of the Sick: Please call 705-315-2424

#### Holy Communion to the Sick and Shut in:

Ken & Dorothy Mittins 705-429-4286 (St. Noel) Denis Farley 705-428-3540 (St. Patrick) Laurie Van Den Hurk 705-428-5537 (St. Patrick)

If You Want Help: When you don't know where to turn. Call 211. Website: www.211Ontario.ca

#### THIRTY-SECOND SUNDAY OF ORDINARY TIME

St. Noel Chabanel	5:00PM SAT MASS	Missa Pro	Populo	
St. Noel Chabanel	8:00AM SUN MASS			nbers By Joan Muir
St. Noel Chabanel	9:15AM SUN MASS			
Of Deficiely	44-00 AM OUN MADO	+Gunter Hu	inermund	By The Stapletons
St. Patrick 11:00AM SUN MASS				niy By Joan Muir By Stephen Fish
	. Noel Chabanel 10:00AM MON MASS Volunte			
St. Patrick				
St. Noel Chabanel St. Patrick	10:00AM FRI MASS 6:30PM FRI MASS	Deceased o Our Lady's	f Elrassi Family Members Intentions	s By Pastor
St. Noel Chabanel	5:00PM SAT MASS	+Leo McNe		By Elizabeth Albers
St. Noel Chabanel				-
St. Noel Chabanel		Missa Pro I	Populo	
St. Patrick	11:00AM SUN MASS	Gratitude to	o all who assisted & supp	orted Renovations in St. Patrick Church
Those not atten	ding Church Mass may at	tend the live stream I	lass on:	line on our website & in this bulletin. Thank you.
	<u>mass.com, www.you</u>		mass or	
Vision TV		Salt + Light		yesTV
Sunday - 8 AN		Sunday - 11:00 A		Sunday - 10:30 AM
	ay 8 AM, 12:00 PM	Monday - Saturda		Monday - Saturday - 1:00 PM
Saturday - 8 A	AM & 9:30 AM	11:00 AM, 3:00 P	M, 10:30 PM	
myself wholly	to You. Never permit me	e to be separated fro	om You. Amen.	
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#### Pre-Authorized Giving Forms:

You will find the form at the entrance of the Church if you wish to give through automatic withdrawal from your bank account. Please fill the form & drop it in the basket in the Church. Thank you for your continual support.

#### "Divine Mercy Lectio Divina" Virtual Prayer Group

Every Tuesday at 4:30pm-5:30pm. You will receive every week an update on the readings for our reflections and the link to connect via Google meet to your email account (blind copy). Come and join this prayer group even if you are not going to contribute to the conversation. It is a place where we pray the Chaplet of Divine Mercy, reflect on a reading from St. Faustina's diary, and on another reading from Scripture. The group closes with a consecration to God through the blessed virgin Mary. If interested to join this virtual prayer group, there is no commitment, only send your request to join by email to: stpatrickstnoel@gmail.com

#### Saints Series Virtual Presentation every Wednesday:

Led by Christopher Woodward, every Wednesday at 4:30pm-5:30pm. To enroll please send your email to Chris at zibwerks@gmail.com

Each week will address a particular Saint, his life, charismas, theology, and spirituality.

#### World Day of the Poor - Nov. 15, 2020

November 15th, the 33rd Sunday in Ordinary Time, has been designated by Pope Francis as the World Day of the Poor. Our Society of St. Vincent de Paul invites you to remember and help our less fortunate brothers and sisters, especially during this uncertain time. Please remember our families in your prayers and consider making a financial donation to our SVDP to help us prepare for our Christmas Campaign. SVDP envelopes are at the back of each church. Your contribution can be dropped in the basket at any of the masses on Nov. 14 or 15. Thank you, and may God bless you.

#### New Online Mental Health Services Are Available for Catholic Adults

The <u>Southdown Institute</u> has a long history of helping the clergy of the Archdiocese of Tor onto. But during the COVID-19 pandemic, the institute is <u>download a flyer</u>. Using the internet to reach out to the Catholic laity who are experiencing mental health and spiritual challenges. Community Weller

Sr. Susan Davy, Communications and Outreach Officer at the Southdown Institute, explains how the organization hopes to help the people in the pews.

## 1. For those who have never heard of the Southdown Institute before, what do they need to know about your organization?

The Southdown Institute is an independent, accredited health care organization that has operated in the Greater Toronto Area since 1966. We have many programs and services, including: a 14-week residential program for clergy and vowed religious; clinical and candidate assessments; outpatient services; education; leadership consultation; and outreach.

While our focus continues to be the provision of mental health services to clergy and vowed religious (and, more recently, lay pastoral ministers), we are also aware that many of the Catholic lay faithful may need our psychological and spiritual support. This is why we have created new online mental health resources, for both ordained and lay alike.

# 2. Southdown is calling these new resources for the laity, "Community Wellness Services." What are you hoping to achieve with this new initiative?

Our intention is to reach a greater number of people and help them work through the many pressing psychological and spiritual challenges of our times. The many online psycho-educational and group offerings address issues of grief, stress management, loneliness, isolation, anxiety and spiritual concerns.

This will all be done in a safe, trusting and confidential environment. The online Community Wellness Services is provided through a secure virtual platform.

#### 3. Why do you think this program is especially needed now?

As we continue to navigate our way through the COVID-19 pandemic, we are aware of the toll these challenging times are taking on all of us. There is a growing sense of fatigue being experienced by many. Under these circumstances, paying attention to our mental and emotional health is of the utmost importance – now more than ever.

Since its foundation, Southdown's programs and services have evolved to respond to the needs of the present moment. Expanding our mental health services to the online world to reach even more members of the Catholic faith community is in keeping with that tradition.

#### 4. Who can take part in the Community Wellness Services?

The online webinars and small group meetings are available to the Catholic adult population, ordained and lay alike. Interested individuals are encouraged to learn more about each offering and to register for the online webinars by visiting: <u>www.southdown.on.ca</u>.

Select webinars are available in French and Spanish.

## 5. What are some of the things that you have planned for the early days of the Community Wellness Services?

Community Wellness Services offer an exciting variety of interactive psycho-educational, spirituality and psychotherapy groups, including:

- Our Faith: A Key to Sustained Mental Health in Times of Crisis
- Calmness Through Breath

- Virtual Six-Day Guided Advent Retreat

You can learn more about these, and more, upcoming sessions of the Community Wellness Services at the Southdown Institute by <u>clicking here to</u> <u>download a flyer</u>.

There is nothing wrong with admitting that you are struggling. This is especially true during the pandemic, which has upended our lives in so many ways. If you could use help, <u>please click here to learn more</u> about the Community Wellness Services at the Southdown Institute.

by Brosens, Mark at 4:13 PM (this material is found on our website).

### Quote / Joke of the Day:

Do what you can, with what you have, where you are. Theodore Roosevelt.

Why are green beans the most Zen of all vegetables? Because they've found their inner peas.

